

## PANINIS

### ZABS

Roast turkey breast, avocado, chipotle aioli dressing and sliced mozzarella on ciabatta 8.95

### FRICKIN' CHICKIN'

Free-range chicken, pesto, asiago cheese & mushrooms on focaccia 11.75

### LITTLE ITALY

Chicken breast, marinara sauce, spices & melted mozzarella cheese on focaccia 8.95

### FRESHY

Fresh mozzarella cheese, roasted red peppers, spinach, extra virgin olive oil, salt & pepper on ciabatta 8.00

### REUBEN

Hot corned beef, sauerkraut, melted swiss cheese & Russian dressing on rye 8.95

### WEST END MELT

Rare roast beef, honey cup mustard, tomato & melted cheddar cheese on pumpernickel 7.95

### YO BEEF

Roast beef with tomato & parsley-garlic cream cheese on sourdough 7.95

### MONA LISA

Roast turkey, brie & raspberry jalapeño jam on hand-sliced multi-grain 9.95

### HAVANA BREEZE

Baked ham, sliced pickles, swiss cheese with yellow mustard & mayo on French bread 7.50

### PINOT NAWARA

Chicken breast, tomato, jalapeños, fresh mozzarella, sea salt, pesto & mayo on ciabatta 10.95

## PIZZA BAGELS & MELTS

### BIG RED PIZZA BAGEL

Marinara sauce with bacon, sausage, ham, pepperoni & chicken with melted mozzarella cheese 7.95

### GARDEN PIZZA BAGEL

Pesto with melted mozzarella cheese, topped with mushrooms, green peppers, broccoli, red onions & tomato 7.20 Add chicken 8.50

### HAWAIIAN PIZZA BAGEL

Marinara Sauce with ham, pineapple & melted mozzarella cheese 5.75

### OPA PIZZA BAGEL

White garlic spread with melted mozzarella cheese, black olives, spinach, tomato & feta cheese 6.25 Add chicken 7.25

### PESTO PIZZA BAGEL

Pesto with melted mozzarella cheese 6.50

### PIZZA BAGEL

Your choice of marinara sauce or garlic butter with melted mozzarella cheese 4.25

### VEGETARIAN BAGEL

Veggie cream cheese, tomato & melted muenster cheese on a bagel 5.30

### MEXICAN BAGEL

Jalapeño cream cheese, fresh salsa & melted cheddar cheese on a bagel 5.30

### CHEESE MELT

Choice of American, provolone, Swiss, Muenster, Cheddar or mozzarella melted open faced on a bagel 3.55

## VEGAN

### FITZ BLITZ

Seitan, hummus, avocado, spinach, tomato & Dijon mustard on toasted rye bread 9.95

### VARNA'S VEGAN

Lemon teriyaki seitan with fresh spinach, tomato & balsamic vinaigrette panini pressed on oatmeal wheat 7.95

### VEGAN CHICKEN MELT

Vegan chicken salad, tomato & melted vegan mozzarella cheese on a bagel 9.50

### VAN DORN'S VEGAN

Hummus, roasted red peppers, tomato & sprouts on oatmeal wheat bread 5.95

### VEGANIC

Tofu scramble, avocado, mushrooms & onions in a garlic herb wrap 6.95

### I VEGAN

Local baked tofu, mushrooms, spinach, tomato, red onion, avocado & vegan mozzarella panini pressed in a spinach wrap 11.95

## VEGETARIAN

### VIVA CHELSEA

Fresh mozzarella cheese with fresh basil, tomato, extra-virgin olive oil, salt & pepper on rosemary focaccia 8.00

### ITALIAN SUMMER

Fresh mozzarella, pesto, roasted red peppers & tomato on a baguette 9.00

### BAY BURGER

Veggie burger with goat cheese, basil, sun-dried tomatoes & chipotle aioli on multi-grain roll 9.25

### MICHIGAN HOLLOW

A warm balsamic-marinated portobello mushroom with roasted red peppers, parsley-garlic dressing & melted provolone cheese on a multi-grain roll 7.85

### JONAH'S JIVE

Hummus, fresh spinach, tomato, cucumber & parsley-garlic dressing on hand-sliced multi-grain 6.50

### CAYUGA CROISSANT

Avocado, tomato, mushrooms, sprouts & parsley-garlic dressing on a croissant 7.25



415 COLLEGE AVENUE  
607-273-0982

301 E STATE STREET  
607-273-2848

EAST HILL PLAZA  
607-273-1036

## BREAKFAST ANYTIME

### ROUND HOUSE

Scrambled eggs, bacon, sausage, pepper jack cheese & a hash brown on a rosemary salt bagel 8.20

### CALIFORNIA SUNRISE

Scrambled eggs with avocado, red onion & melted pepper jack cheese on a bagel 6.45

### BROOKLYN BAGEL

Scrambled eggs with bacon on a bagel 4.85 with cheese 5.70

### BRONX BAGEL

Scrambled eggs with sausage on a bagel 5.10 with cheese 5.95

### EGGS MELISSA

Scrambled eggs with melted cheddar cheese on a bagel 4.50

### BIG SUR

Sausage, scrambled eggs, tomato & melted pepper jack cheese on a bagel 6.45

### TEX MEX

Scrambled eggs with home-made salsa & melted cheddar cheese on a bagel 5.20

### EGGS CHRISTINA

Scrambled eggs with ham on a bagel 4.60 with cheese 5.45

### OINK

Scrambled eggs, ham & asiago cheese on sourdough 6.50

## SPREADS

### AVOCADO TOAST

Avocado spread on oatmeal wheat toast topped with olive oil, salt & pepper 5.95

### Whitefish Salad 6.50

Cream cheese or Philly lite 2.85

Dairy-free cream cheese 4.35

Cinnamon-sugar & butter 2.45

Honey & butter 2.65

Butter 1.85

### SAN-DIEGO BAGEL

Cream cheese & raspberry jalapeño jam on a bagel 3.95

### Peanut butter & banana 3.40

Nutella & banana 4.50

Peanut butter & jelly 3.15

Jam (strawberry, raspberry, grape) 2.65

Peanut butter 2.65

Nutella 3.75

## BREAKFAST WRAPS

### 5K

Crunchy peanut butter, apples or bananas, granola, honey & raspberry jalapeño jam in a whole wheat wrap 6.50

### SOUTHWEST

Scrambled eggs with black beans, green peppers, jalapeños, avocado, home-made salsa & pepper jack cheese panini pressed in a garlic herb wrap 8.35

### HUEVOS SENORA

Scrambled eggs, avocado, fresh salsa & cheddar cheese in a sun-dried tomato wrap 6.70

### BIG BUCK

Scrambled eggs, green peppers, red onion & sausage in a whole wheat wrap 6.10 with cheese 6.95

### DENVER

Scrambled eggs, ham, red onion, green peppers, jalapeño peppers & cheddar cheese in a garlic herb wrap 6.95

### GREEK

Scrambled eggs with feta, spinach & black olives in a garlic herb wrap 5.60

### RIVIERA

Scrambled eggs, roasted red peppers, pesto & mozzarella cheese in a garlic herb wrap 6.95

### MEDUSA

Tofu scramble, pesto, spinach & tomato in a garlic herb wrap 6.60

**We can make any of our sandwiches on a Gluten Free Bagel, Bread or Wrap for an additional charge of 1.50**

## LOX & EGG SALAD

### NOVA LOX & CREAM CHEESE

Topped with tomatoes, onions & capers on a bagel 9.95

### NOVIE & THE EGGS

Egg salad, lox & red onion open faced on a bagel 10.95

### QUEENS

Egg salad, bacon & tomato open faced on a bagel 7.25

### URBAN TOAST

Egg salad & pesto on a toasted bialy 6.25

### E.O.B.

Green olive cream cheese & egg salad on a toasted bialy 5.65

### 6 MILE CREEK

Nova Lox, avocado, tomato, capers, onions & aioli dressing on toasted sourdough 1.95

### OK GRAMPS

Nova Lox, scrambled eggs, tomato & red onion open faced on a toasted bialy 11.95

### FLAVORED CREAM CHEESE

Parsley Garlic, Jalapeño, Scallion, Chive, Green Olive, Honey Walnut, Cinnamon Raisin 3.45

Veggie, Veggie Lite, Bacon Scallion 3.75

Nova whipped cream cheese 4.40

## TURKEY

### CALIFORNIA DREAMIN'

Smoked turkey breast, avocado & creamy coleslaw on hand-sliced multi-grain 9.95

### TOUR DE FRANCE

Roast turkey breast, brie, pear, bacon & honey cup mustard on hand-sliced multi-grain 12.25

### TURKEY HILL BLT

Roast turkey breast, bacon, lettuce, tomato & aioli dressing on hand-sliced pumpernickel 9.50

### PATRICK EWING

Roast turkey breast, brie, apples & honey cup mustard on a baguette 9.25

### SWEET RACHEL

Smoked turkey breast, honey cup mustard, red onion & Muenster cheese on hand-sliced pumpernickel 9.30

### BIG APPLE

Roast turkey breast, home-made plum chutney, spinach & cheddar cheese on hand-sliced multi-grain 9.25

### LINDSEY

Roast turkey breast, mushrooms, parsley-garlic dressing & Muenster cheese melted on a fresh bialy 8.25

### AUTUMN SKY

Smoked turkey breast, bacon, spinach, apples, cheddar cheese & whole grain mustard on sourdough 11.50

### FLAT ROCK

Roast turkey breast, goat cheese, sun-dried tomatoes, fresh basil, extra virgin olive oil & balsamic vinaigrette on a baguette 9.95

### JAVI

Roast turkey breast, goat cheese, spinach, sun-dried tomatoes, sprouts & balsamic vinaigrette on toasted sourdough 9.95

### PESTO T. TWISTER

Roast turkey breast, pesto, tomato & cheddar cheese in a spinach wrap 8.95

### MAGGIE'S FARM

Roast turkey breast, cranberry sauce, lettuce & aioli dressing on ciabatta 7.50

### OCTOPUS

Roast turkey breast, coleslaw, swiss cheese & Russian dressing on pumpernickel 8.25

### STEWART PARKER

Roast turkey breast & melted swiss cheese on a croissant 7.85

## HOT PASTRAMI

### THE NEW YORKER

Hot pastrami with melted Swiss, Russian dressing & coleslaw on a toasted Kaiser roll 12.10

### TOUGH TOMMY

Hot pastrami with raspberry jalapeño jam, banana peppers and melted cheddar on hand-sliced pumpernickel 12.85

## CHICKEN & FISH

### CHICKEN OR TUNA MELT

Chicken or tuna salad with tomato & melted cheddar cheese on a bagel 7.35

### OLYMPIAN

Free-range chicken, spinach, feta cheese, black olives, tomatoes & balsamic vinaigrette dressing in a sun-dried tomato wrap 11.40

### PANCHO VILLA

House-roasted chicken breast, avocado, fresh salsa & jalapeño peppers in a sun-dried tomato wrap 9.95

### TUSCAN VERDE

Chicken breast, pesto, spinach, tomato & provolone on focaccia 9.80

### ZOE

Chicken salad, cranberry sauce, lettuce & tomato on a rosemary-salt bagel 7.50

### TAUGHANNOCK

Free-range chicken, lettuce, tomato, chipotle aioli dressing & BBQ sauce on a multi-grain roll 8.95

### T-BURG WITH A TWIST

All-white albacore tuna salad with avoca-do and tomato on pumpernickel 8.00

## MEATS

### C.T.B.L.T.

Avocado, bacon, lettuce, tomato & aioli dressing on toasted sourdough 7.25

### BBQ JACK

Hot roast beef with BBQ sauce & melted pepper jack cheese on a kaiser roll 7.95

### BBR

Ham, turkey, salami, lettuce, banana peppers, roasted red peppers & whole-grain mustard on French bread 10.50

### EURO

Ham, sliced brie, red onions & Dijon mustard on ciabatta 8.85

### MEDITERRANEAN

Genoa salami, lettuce, tomato, red onion, banana peppers, provolone cheese & vinaigrette dressing on ciabatta 7.35

### DOUBLE DOUBLE DOUBLE

Roast beef, turkey, provolone, swiss, coleslaw, spinach, tomato, black olives & chipotle aioli on a double French loaf (serves 2) 19.95

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[www.collegetownbagels.com](http://www.collegetownbagels.com)**



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